

2024 Holiday Express

Session Summary

Dec 12-15, 2024

Friday, December 13, 2024	Session: 01	Open Stretch 8:00 AM	Timed Warmup
Level 4	# Gymnasts 81	March In	Awards
Gym	Level	# Gymnasts	

Alpha	4	12
Cascade Elite West	4	13
Crystals	4	12
Gym Plus Yakima	4	3
High Flight	4	5
Metropolitan	4	13
Naydenov	4	16
Peak Gym	4	7

Friday, December 13, 2024	Session: 02	Open Stretch 11:30 AM	Timed Warmup
Level 4/5	# Gymnasts 75	March In	Awards
Gym	Level	# Gymnasts	

Alpha	5	6
Morrison Gymnastics	4	9
Morrison Gymnastics	5	1
Mt. Si Gym	4	10
Mt. Si Gym	5	4
NASA	4	9
NASA	5	7
Naydenov	5	11
NEG	5	2
Westside	4	15
Westside	5	1

Friday, December 13, 2024	Session: 03	Open Stretch 2:30 PM	Timed Warmup
Level 6	# Gymnasts 58	March In	Awards
Gym	Level	# Gymnasts	

Advantage	6	6
Alpha	6	6
Cascade Elite West	6	5
Crystals	6	6
Gym Plus Yakima	6	1
High Flight	6	2
Metropolitan	6	8
Mid Columbia	6	8
Morrison Gymnastics	6	1
Mt. Si Gym	6	1
Naydenov	6	4
Peak Gym	6	2
Westside	6	8

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Friday, December 13, 2024	Session: 04	Open Stretch 5:30 PM	Timed Warmup
Level 7	# Gymnasts 47	March In	Awards
Gym	Level	# Gymnasts	

Cascade Elite West	7	10
Metropolitan	7	13
Mid Columbia	7	4
Naydenov	7	8
Peak Gym	7	3
Westside	7	9

Saturday, December 14, 2024	Session: 05	Open Stretch 8:00 AM	Timed Warmup
Level XG	# Gymnasts 74	March In	Awards
Gym	Level	# Gymnasts	

Cascade Elite West	XG	13
Crystals	XG	3
Gym Connection	XG	11
Gym Plus Yakima	XG	3
Gym Unlimited	XG	7
Klahhane	XG	6
Metropolitan	XG	21
Mt. Si Gym	XG	5
Peak Gym	XG	5

Saturday, December 14, 2024	Session: 06	Open Stretch 11:00 AM	Timed Warmup
Level XD, XSA, 8	# Gymnasts 51	March In	Awards
Gym	Level	# Gymnasts	

Cascade Elite West	8	5
Crystals	8	3
Gym Plus Yakima	XD	2
Gym Plus Yakima	XSA	1
High Flight	8	2
Metropolitan	8	11
Metropolitan	XD	7
Metropolitan	XSA	2
Mid Columbia	8	4
Morrison Gymnastics	8	1
Mt. Si Gym	XD	1
Naydenov	8	3
NEG	8	1
Peak Gym	8	2
Westside	8	6

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Saturday, December 14, 2024		Session: 07	Open Stretch 2:30 PM	Timed Warmup
Level 9/10		# Gymnasts 39	March In	Awards
Gym	Level	# Gymnasts		
Bainbridge (BIGC)	9	1		
Cascade Elite West	10	1		
Cascade Elite West	9	1		
Metropolitan	10	8		
Metropolitan	9	10		
Mid Columbia	9	1		
Naydenov	10	6		
Naydenov	9	5		
Westside	10	3		
Westside	9	3		

Saturday, December 14, 2024		Session: 08	Open Stretch 5:30 PM	Timed Warmup
Level XP		# Gymnasts 54	March In	Awards
Gym	Level	# Gymnasts		
Cascade Elite West	XP	6		
Coastal Realm	XP	3		
Gym Connection	XP	7		
Gym Plus Yakima	XP	1		
Gym Unlimited	XP	5		
Klahhane	XP	3		
Metropolitan	XP	21		
Mt. Si Gym	XP	5		
Peak Gym	XP	3		

Sunday, December 15, 2024		Session: 09	Open Stretch 8:00 AM	Timed Warmup
Level 3 (Gym1)		# Gymnasts 62	March In	Awards
Gym	Level	# Gymnasts		
Metropolitan	3	17		
Mt. Si Gym	3	11		
NASA	3	7		
Naydenov	3	9		
Peak Gym	3	7		
Westside	3	11		

Sunday, December 15, 2024		Session: 10	Open Stretch 8:30 AM	Timed Warmup
Level XB (Gym2)		# Gymnasts 43	March In	Awards
Gym	Level	# Gymnasts		
Cascade Elite West	XB	26		
Metropolitan	XB	17		

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Sunday, December 15, 2024	Session: 11	Open Stretch 11:00 AM	Timed Warmup
Level 3 (Gym1)	# Gymnasts 59	March In	Awards
Gym	Level	# Gymnasts	
Alpha	3	17	
Cascade Elite West	3	10	
Crystals	3	10	
High Flight	3	10	
Morrison Gymnastics	3	12	

Sunday, December 15, 2024	Session: 12	Open Stretch 11:00 AM	Timed Warmup
Level XB (Gym2)	# Gymnasts 42	March In	Awards
Gym	Level	# Gymnasts	
Alpha	XB	8	
Gym Plus Yakima	XB	2	
Gym Unlimited	XB	3	
Klahhane	XB	9	
Metropolitan	XB	20	

Sunday, December 15, 2024	Session: 13	Open Stretch 2:00 PM	Timed Warmup
Level XS (Gym1)	# Gymnasts 48	March In	Awards
Gym	Level	# Gymnasts	
Cascade Elite West	XS	17	
Gym Connection	XS	7	
Gym Plus Yakima	XS	11	
Gym Unlimited	XS	5	
Klahhane	XS	2	
Peak Gym	XS	6	

Sunday, December 15, 2024	Session: 14	Open Stretch 1:30 PM	Timed Warmup
Level 2 (Gym2)	# Gymnasts 57	March In	Awards
Gym	Level	# Gymnasts	
Alpha	2	30	
Crystals	2	16	
Peak Gym	2	11	

Sunday, December 15, 2024	Session: 15	Open Stretch 4:30 PM	Timed Warmup
Level XS (Gym1)	# Gymnasts 50	March In	Awards
Gym	Level	# Gymnasts	
Alpha	XS	12	
Metropolitan	XS	23	
Mt. Si Gym	XS	15	

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Sunday, December 15, 2024	Session: 16	Open Stretch 4:00 PM	Timed Warmup
Level 2 (Gym 2)	# Gymnasts 46	March In	Awards
Gym	Level	# Gymnasts	
Cascade Elite West	2	9	
High Flight	2	11	
Metropolitan	2	10	
Mt. Si Gym	2	16	