

Holiday Express 2018

Session Summary

Dec 7-9, 2018

Friday, December 7, 2018	Session: 01	Open Stretch 8:00 AM	Timed Warmup
Level 2	# Gymnasts 85	March In	Awards
Gym	Level	# Gymnasts	
Black Hills	2	14	
Cascade Elite West	2	9	
Crystals	2	11	
Metropolitan	2	21	
Sky Valley	2	30	

Friday, December 7, 2018	Session: 02	Open Stretch 11:30 AM	Timed Warmup
Level 3	# Gymnasts 83	March In	Awards
Gym	Level	# Gymnasts	
Black Hills	3	26	
Metropolitan	3	25	
Naydenov	3	17	
Sky Valley	3	15	

Friday, December 7, 2018	Session: 03	Open Stretch 3:00 PM	Timed Warmup
Level 3	# Gymnasts 81	March In	Awards
Gym	Level	# Gymnasts	
Advantage	3	16	
Bainbridge (BIGC)	3	14	
Cascade Elite West	3	14	
Crystals	3	6	
Mt. Si Gym	3	11	
NASA	3	7	
Northshore	3	13	

Friday, December 7, 2018	Session: 04	Open Stretch 6:30 PM	Timed Warmup
Level 4	# Gymnasts 93	March In	Awards
Gym	Level	# Gymnasts	
Advantage	4	19	
Bainbridge (BIGC)	4	5	
Black Hills	4	12	
Cascade Elite West	4	5	
Crystals	4	5	
Gym + Yakima	4	10	
Metropolitan	4	21	
MGA	4	2	
Mt. Si Gym	4	14	

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Saturday, December 8, 2018		Session: 05	Open Stretch 8:00 AM	Timed Warmup
Level 4/5		# Gymnasts 71	March In	Awards
Gym	Level	# Gymnasts		
Bainbridge (BIGC)	5	2		
Cascade Elite West	5	16		
MGA	5	4		
NASA	4	4		
NASA	5	5		
Naydenov	4	13		
Naydenov	5	15		
North Coast	4	1		
Sky Valley	4	7		
Sky Valley	5	4		

Saturday, December 8, 2018		Session: 06	Open Stretch 11:30 AM	Timed Warmup
Level 6		# Gymnasts 82	March In	Awards
Gym	Level	# Gymnasts		
Alpha	6	1		
Bainbridge (BIGC)	6	1		
Black Hills	6	4		
Bothell Gymnastics	6	4		
Cascade Elite West	6	6		
Crystals	6	5		
Gym + Yakima	6	1		
Metropolitan	6	12		
Mid Columbia	6	13		
Naydenov	6	3		
North Coast	6	8		
Peak Gym	6	6		
Rising Stars	6	11		
Riverside	6	5		
Yelm	6	2		

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Saturday, December 8, 2018		Session: 07	Open Stretch 3:00 PM	Timed Warmup
Level 7/8		# Gymnasts 80	March In	Awards
Gym	Level	# Gymnasts		
Alpha	7	2		
Alpha	8	3		
Bainbridge (BIGC)	7	2		
Black Hills	7	4		
Black Hills	8	2		
Bothell Gymnastics	7	3		
Cascade Elite West	7	6		
Crystals	7	2		
Falcon	7	3		
Gym + Yakima	8	1		
Gym Star	7	3		
Metropolitan	7	9		
Mid Columbia	7	2		
Mid Columbia	8	6		
Naydenov	7	4		
Naydenov	8	11		
Northshore	7	11		
Northshore	8	1		
Peak Gym	7	1		
Rising Stars	7	1		
Rising Stars	8	1		
Riverside	7	2		

Saturday, December 8, 2018		Session: 08	Open Stretch 6:30 PM	Timed Warmup
Level 8/9/10		# Gymnasts 56	March In	Awards
Gym	Level	# Gymnasts		
Bainbridge (BIGC)	8	2		
Bainbridge (BIGC)	9	1		
Bothell Gymnastics	8	1		
Cascade Elite West	10	4		
Cascade Elite West	8	6		
Cascade Elite West	9	2		
Crystals	8	2		
Metropolitan	10	7		
Metropolitan	8	3		
Metropolitan	9	6		
Mid Columbia	9	6		
Naydenov	10	3		
Naydenov	9	7		
North Coast	8	1		
North Coast	9	1		
Northshore	10	1		
Northshore	9	1		
Rising Stars	9	1		
Riverside	9	1		

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Sunday, December 9, 2018		Session: 09	Open Stretch 8:00 AM	Timed Warmup
Level XG		# Gymnasts 88	March In	Awards
Gym	Level	# Gymnasts		
Bainbridge (BIGC)	XG	11		
Gym Connection	XG	15		
Klahhane	XG	2		
Mercy	XG	18		
Mercy	XS	10		
Peak Gym	XS	6		
SGA Columbia	XG	5		
SGA Lake City	XG	21		

Sunday, December 9, 2018		Session: 10	Open Stretch 11:30 AM	Timed Warmup
Level XG, XD		# Gymnasts 89	March In	Awards
Gym	Level	# Gymnasts		
Black Hills	XG	6		
Emerald City	XG	12		
Gym + Yakima	XG	4		
Gym Connection	XD	1		
Gym East	XD	1		
Gymagine	XD	6		
Gymagine	XG	4		
Metropolitan	XD	4		
Metropolitan	XG	18		
Peak Gym	XG	5		
Rising Stars	XG	4		
SGA - Ballard	XG	14		
SGA Columbia	XD	2		
SGA Lake City	XD	8		

Sunday, December 9, 2018		Session: 11	Open Stretch 2:30 PM	Timed Warmup
Level XP		# Gymnasts 77	March In	Awards
Gym	Level	# Gymnasts		
Bainbridge (BIGC)	XP	2		
Black Hills	XP	1		
Cascade Elite West	XP	2		
Emerald City	XP	6		
Gym + Yakima	XP	3		
Gym Connection	XP	7		
Gym East	XP	17		
Gymagine	XP	3		
Mercy	XP	1		
Metropolitan	XP	16		
SGA - Ballard	XP	5		
SGA Columbia	XP	4		
SGA Lake City	XP	10		

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Sunday, December 9, 2018		Session: 12	Open Stretch 6:00 PM	Timed Warmup
Level XS, XB		# Gymnasts 84	March In	Awards
Gym	Level	# Gymnasts		
Cascade Elite West	XB	2		
Cascade Elite West	XS	5		
Gym + Yakima	XS	5		
Gym Connection	XS	11		
Klahhane	XB	6		
Klahhane	XS	5		
Metropolitan	XB	2		
Metropolitan	XS	2		
SGA - Ballard	XS	19		
SGA Columbia	XS	9		
SGA Lake City	XS	18		

Sunday, December 16, 2018		Session: 13	Open Stretch 2:00 PM	Timed Warmup
Level XS, XB		# Gymnasts 66	March In	Awards
Gym	Level	# Gymnasts		
Bainbridge (BIGC)	XS	4		
Black Hills	XB	3		
Black Hills	XS	2		
Metropolitan	XB	14		
Metropolitan	XS	23		
Peak Gym	XB	5		
Rising Stars	XB	6		
Rising Stars	XS	9		