

# Holiday Express 2016

## Session Summary

Dec 9-11, 2016

Friday, December 9, 2016		Session: 01	Open Stretch 8:00 AM	Timed Warmup
Level 6		# Gymnasts 76	March In	Awards
Gym	Level	# Gymnasts		
Bothell Gymnastics	6	3		
Cascade Elite	6	4		
Cascade Elite West	6	4		
Grace	6	16		
Gym East	6	5		
Mt. Si Gym	6	6		
North Coast	6	3		
Northshore	6	10		
Northwest Aerials	6	4		
Olympic	5	1		
Rising Stars	6	8		
Sky Valley	6	3		
Tech	6	9		

Friday, December 9, 2016		Session: 02	Open Stretch 12:00 PM	Timed Warmup
Level 7		# Gymnasts 81	March In	Awards
Gym	Level	# Gymnasts		
Advantage	7	5		
Bainbridge (BIGC)	7	1		
Bothell Gymnastics	7	3		
Cascade Elite	7	9		
Cascade Elite West	7	3		
Crystals	7	2		
Grace	7	7		
Ground Zero	7	1		
Gym East	7	4		
Gym Elite	7	6		
Gym Star	7	3		
Metropolitan	7	3		
Mid Columbia	7	5		
Mt. Si Gym	7	2		
North Coast	7	2		
Northwest Aerials	7	4		
Olympic	7	7		
Peak Gym	7	2		
Rising Stars	7	1		
SGA Columbia	7	3		
Tech	7	7		
WAG Gym	7	1		

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Friday, December 9, 2016	Session: 03	Open Stretch 4:00 PM	Timed Warmup
Level 4	# Gymnasts 57	March In	Awards
Gym	Level	# Gymnasts	
Bainbridge (BIGC)	4	7	
Bothell Gymnastics	4	8	
Cascade Elite	4	11	
Cascade Elite West	4	17	
Mt. Si Gym	4	7	
SGA Columbia	4	7	

Friday, December 9, 2016	Session: 04	Open Stretch 7:00 PM	Timed Warmup
Level 4	# Gymnasts 55	March In	Awards
Gym	Level	# Gymnasts	
Advantage	4	12	
Apple Valley	4	6	
Crystals	4	10	
Ground Zero	4	4	
Metropolitan	4	6	
NASA	4	2	
Olympic	4	11	
Sky Valley	3	2	
Sky Valley	4	2	

Saturday, December 10, 2016	Session: 05	Open Stretch 8:00 AM	Timed Warmup
Level 2	# Gymnasts 82	March In	Awards
Gym	Level	# Gymnasts	
Advantage	2	16	
Cascade Elite West	2	28	
Crystals	2	11	
Metropolitan	2	27	

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Saturday, December 10, 2016		Session: 06	Open Stretch 11:30 AM	Timed Warmup
Level 5/6		# Gymnasts 67	March In	Awards
Gym	Level	# Gymnasts		
Advantage	5	3		
Advantage	6	8		
Apple Valley	5	5		
Apple Valley	6	2		
Bainbridge (BIGC)	5	5		
Cascade Elite	5	4		
Cascade Elite West	5	7		
Crystals	6	4		
Falcon	6	4		
Gym Star	5	3		
Metropolitan	5	2		
Metropolitan	6	4		
Olympic	5	6		
SGA Columbia	5	6		
Twisters Gym	6	3		
WAG Gym	6	1		

Saturday, December 10, 2016		Session: 07	Open Stretch 2:30 PM	Timed Warmup
Level 8		# Gymnasts 63	March In	Awards
Gym	Level	# Gymnasts		
Advantage	8	3		
Bainbridge (BIGC)	8	6		
Cascade Elite	8	2		
Cascade Elite West	8	5		
Crystals	8	3		
Falcon	8	3		
Grace	8	7		
Gym East	8	10		
Mid Columbia	8	4		
Mt. Si Gym	8	3		
Northshore	8	6		
Northwest Aerials	8	5		
Olympic	8	3		
Rising Stars	8	1		
WAG Gym	8	2		

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Saturday, December 10, 2016		Session: 08	Open Stretch 6:30 PM	Timed Warmup
Level 8/9/10		# Gymnasts 59	March In	Awards
Gym	Level	# Gymnasts		
Advantage	9	3		
Cascade Elite	10	5		
Cascade Elite	9	4		
Cascade Elite West	9	5		
Falcon	9	1		
Gym East	10	4		
Gym East	9	6		
Metropolitan	10	4		
Metropolitan	8	3		
Metropolitan	9	8		
Mid Columbia	9	3		
North Coast	8	1		
North Coast	9	2		
Northshore	9	1		
Northwest Aerials	9	1		
Olympic	10	1		
Olympic	9	2		
Pacific	8	1		
Tech	10	1		
Tech	8	3		

Sunday, December 11, 2016		Session: 09	Open Stretch 8:00 AM	Timed Warmup
Level 3		# Gymnasts 93	March In	Awards
Gym	Level	# Gymnasts		
Apple Valley	3	13		
Bothell Gymnastics	3	18		
Cascade Elite	3	19		
Cascade Elite West	3	18		
Crystals	3	14		
Ground Zero	3	6		
NASA	3	5		

Sunday, December 11, 2016		Session: 10	Open Stretch 12:00 PM	Timed Warmup
Level 3		# Gymnasts 84	March In	Awards
Gym	Level	# Gymnasts		
Advantage	3	9		
Bainbridge (BIGC)	3	10		
Metropolitan	3	40		
Mt. Si Gym	3	9		
SGA Columbia	3	13		
Sky Valley	3	3		

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Sunday, December 11, 2016		Session: 11	Open Stretch 3:30 PM	Timed Warmup
Level XB XG		# Gymnasts 77	March In	Awards
Gym	Level	# Gymnasts		
Cascade Elite	XB	10		
Cascade Elite West	XB	1		
Gym East	XG	15		
Gym Unlimited	XG	6		
Mercy	XG	3		
Metropolitan	XB	19		
Metropolitan	XG	12		
Peak Gym	XG	1		
Rodeo City	XB	6		
Rodeo City	XG	4		

Sunday, December 11, 2016		Session: 12	Open Stretch 6:30 PM	Timed Warmup
Level XL, XD, XS, XP		# Gymnasts 83	March In	Awards
Gym	Level	# Gymnasts		
Cascade Elite	XS	13		
Cascade Elite West	XS	1		
Gym East	XS	17		
Gym Unlimited	XP	8		
Mercy	XS	6		
Metropolitan	XD	6		
Metropolitan	XP	9		
Metropolitan	XS	10		
Peak Gym	XP	3		
Peak Gym	XS	4		
Rodeo City	XD	1		
Rodeo City	XS	5		